



Pregnancy Intake Form

Name: _____ Date: _____

Street Address: _____ City / State / Zip: _____

E-Mail: _____ Date of Birth: _____ Age: _____

Home Phone:(____) _____ Cell Phone:(____) _____ Work Phone:(____) _____

Marital Status: S M D W Name of Spouse / Significant Other: _____

Names / Ages of Children (if still part of your household): _____

Occupation: _____ Employer: _____

Emergency Contact: _____ How they could be reached: _____

How did you hear about us? Whom may we thank for recommending you to our office? _____

Tell Us About Your Pregnancy and Goals For Care:

What results are hoping to experience by working with our office? _____

Have you ever been under chiropractic care in the past? Yes/No, With whom and when? _____

What is your estimated due date? _____ Gender(s) if known: _____

Where do you plan on giving birth? _____ Do you have a written birth plan? Yes/No

Please list the providers you are working with during your pregnancy and your labor / delivery (OB/GYN, midwives, doulas, other): _____

Which of the following did you experience with previous pregnancies (circle all that apply):

Vaginal Delivery / Caesarean Delivery / VBAC / Induction / Epidural / Homebirth / Pre-eclampsia / Bedrest / Forceps / Pre-term Delivery / Vacuum Extraction / Episiotomy / Tearing / Back Pain / Pelvic Pain / Sciatic Pain / Headaches / Numbness in Hands or Feet / Complications / Other: _____

Which of the following are you anticipating for your upcoming birth (circle all that apply):

Vaginal Delivery / Caesarean Delivery / VBAC / Induction / Epidural / Water Birth / Other: _____

How would you describe your pregnancy to date? Have there been any complications / concerns or are things progressing as you would hope / expect? _____

Please list any diagnosed health conditions: _____

What medications are you currently taking or have you taken during pregnancy? _____

What supplements are you taking? _____

How many ultrasounds have you had? _____ How many do you plan on having? _____

Do you or anyone in your household smoke? YES / NO

Have you had or do you intend to have any vaccinations during pregnancy, including the flu shot? Yes/No

Please list any additional information you'd like us to be aware of: _____

"I agree that the information submitted on this form is true and accurate to the best of my knowledge."

Signature: _____ Date: _____

Congrats on your pregnancy and thank you for choosing our office! We look forward to serving you!

Office use only:

Notes: _____ Listings: _____

Posture: RHF / LHF / RHT / LHT / AHT / RTT / LTT

Dec ROM: RHR / LHR / RHF / LHF / CF / CE / RTR / LTR / RTF / LTF

Supine LLI: Left / Right

Prone LLI: Left / Right

Recc: _____

