

# Welcome to FINGER LAKES FAMILY CHIROPRACTIC & WELLNESS!

Providing performance-based chiropractic care for pediatric development and adult wellness!



## PATIENT INFORMATION

Child's Name \_\_\_\_\_ Nickname \_\_\_\_\_ Today's Date \_\_\_\_\_

Reason for consulting our office: A) Improve overall wellness, B) Address specific concern, C) Both

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Parent(s) Names \_\_\_\_\_

Address: \_\_\_\_\_ City / State / Zip: \_\_\_\_\_

Height / Weight: \_\_\_\_\_ Pediatrician: \_\_\_\_\_

Other Doctors / Health Practitioners: \_\_\_\_\_

Has your child ever received Chiropractic care? Yes/No With whom? \_\_\_\_\_

## PRESENT CONCERNS AND GOALS FOR CARE

How would you like your child to benefit from chiropractic care? \_\_\_\_\_

### **If your child is experiencing a specific symptom or challenge, please answer the following questions:**

*(If you this does not apply to you, please skip to the next section on "ADDITIONAL HEALTH OBJECTIVES")*

Where is it located? \_\_\_\_\_

When did it begin? \_\_\_\_\_ How did it begin? \_\_\_\_\_

How often do they experience it: *Hourly / Daily / Weekly / Monthly / Other*

When do they notice it most? *Morning / Afternoon / Evening / Overnight*

How would they describe it? *sharp / dull / throbbing / burning / numb / achy / tingling / other*: \_\_\_\_\_

What makes it feel **better**? \_\_\_\_\_ **Worse**? \_\_\_\_\_

What do you think is causing this symptom / challenge? \_\_\_\_\_

What concerns you most about this symptom / challenge? \_\_\_\_\_

### **Please indicate which ADDITIONAL HEALTH OBJECTIVES you'd like for your child to achieve:**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> More energy          | <input type="checkbox"/> Better sleep   | <input type="checkbox"/> Freedom from pain               |
| <input type="checkbox"/> Better concentration | <input type="checkbox"/> Enhanced emotional well-being                        | <input type="checkbox"/> Reduce/eliminate medication use |
| <input type="checkbox"/> Improved digestion   | <input type="checkbox"/> Improved strength and endurance                      | <input type="checkbox"/> Greater resistance to disease   |
| <input type="checkbox"/> Easier breathing     | <input type="checkbox"/> More balanced posture                                | <input type="checkbox"/> Overall health improvement      |
| <input type="checkbox"/> Deeper relaxation    | <input type="checkbox"/> Better sports performance / reaction time / reflexes |  |

What concerns you most about your child's current or future health? \_\_\_\_\_

How much **time** do you feel is needed for your child to *achieve their health and wellness goals*?

- *Less than 1 month / 1-3 months / 3-6 months / 6-12 months / 12+ months*

What is your understanding of how chiropractic care helps kids? \_\_\_\_\_

## HEALTH HISTORY

Please describe any health concerns your child experienced during infancy & early childhood (0-6 years): \_\_\_\_\_

Please describe any health concerns your child experienced during late childhood (7-12 years): \_\_\_\_\_

Please list **all medications** (Rx and OTC) your child **currently** takes and the **reason** (dosage not necessary):

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Please list any **nutritional supplements** your child takes: \_\_\_\_\_

Please indicate any of the following body signals or health concerns that your child has experienced:

- |   |   |  |   |                                    |
|---|---|--|---|------------------------------------|
| <input type="checkbox"/> Ear Infections     | <input type="checkbox"/> Scoliosis        | <input type="checkbox"/> Seizures            | <input type="checkbox"/> Chronic Colds    | <input type="checkbox"/> Asthma    |
| <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Allergies        | <input type="checkbox"/> ADD /ADHD           | <input type="checkbox"/> Recurrent Fevers | <input type="checkbox"/> Colic     |
| <input type="checkbox"/> Bed Wetting        | <input type="checkbox"/> Headaches        | <input type="checkbox"/> Growing Pains       | <input type="checkbox"/> Motor Problems   | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Back Pain          | <input type="checkbox"/> Trouble Sleeping | <input type="checkbox"/> Speech Difficulties | <input type="checkbox"/> Other: _____     |                                    |

Please **circle** any factors that you believe are contributing to your child's current level of health:

*In Utero Complications or Stressors / Injury During Delivery / Physical Trauma or Injury / Poor Posture / Lack of Exercise / Emotional Stress / Family Challenges / Stress at Home / Social Influences / Poor Planning / Poor Nutrition / Food Allergies / Vaccine or Medication Side Effects / Exposure to Toxins / Genetics / Bad Luck / Poor Habits / Other: \_\_\_\_\_*

**HISTORY OF PHYSICAL, CHEMICAL, AND EMOTIONAL STRESS**

The following questions will give us a profile of the specific stresses your child has faced in his / her lifetime that may be related to their current condition or which may impact their future well-being.

Location of Birth (please circle): Home / Birthing Center / Hospital / Other: \_\_\_\_\_

Child's 3<sup>rd</sup> Trimester Position: Vertex (Head Down) / Breech (Head Up) / Transverse (Side-Lying) / Facial (Head Extended) / Brow (Head Extended)      Type of Birth: Vaginal / Forceps / Cesarean / Vacuum / Suction

Were there any signs of birth trauma? YES / NO List any congenital anomalies / birth defects: \_\_\_\_\_

APGAR Score: \_\_\_\_\_ Did mom have any difficulties during pregnancy? YES / NO. Please list: \_\_\_\_\_

Please list any surgeries or hospital visits: \_\_\_\_\_

What sports does your child participate in? \_\_\_\_\_

Please list any sports-related injuries: \_\_\_\_\_

Please list any falls from cribs, changing tables, high chairs, stairs, etc: \_\_\_\_\_

Please describe any car accidents your child has been in: \_\_\_\_\_

Please list any other physical traumas: \_\_\_\_\_

# of hours daily spent at TV, computer, or playing video games: \_\_\_\_\_ How much does their backpack weigh? \_\_\_\_\_

Infant Feeding: Breast / Bottle If bottle, which formula? \_\_\_\_\_

From the time of conception through the present, was your child exposed to any second hand smoke? YES / NO

During pregnancy, did mom consume: Alcohol? YES / NO Cigarettes? YES / NO Rx/OTC meds? YES / NO

How often does your child have: Fast Food: Daily/ Weekly/Monthly/Never Soda: Daily / Weekly / Monthly / Never

Fruit Juices: Daily / Weekly / Monthly / Never Processed / Packaged Food: Daily / Weekly / Monthly / Never

# of Antibiotics in Lifetime: \_\_\_\_\_ # of Vaccines in Lifetime: \_\_\_\_\_ Any Adverse Reactions to Either: YES / NO

List any Rx/OTC medications taken in last 12 months that were not listed above: \_\_\_\_\_

Does your child have behavioral problems? YES/NO Difficulty socializing? YES/NO Difficulty concentrating? YES/NO

# of hours your child sleeps: Day \_\_\_\_\_ Night \_\_\_\_\_ Rate their quality of sleep: Poor / Fair / Good / Excellent

Please rate the level of stress in your household on a scale of 1-10, with 10 being "extremely high": \_\_\_\_\_

Is there any additional information you'd like the doctor to be aware of? \_\_\_\_\_

***I agree that the information submitted on this form is true and accurate to the best of my knowledge.***

Signature: \_\_\_\_\_

(Parent / Legal Guardian)

Date: \_\_\_\_\_

Office Use Only: \_\_\_\_\_

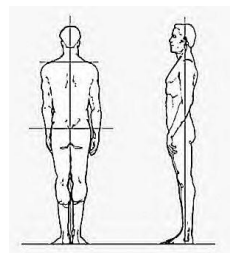
\_\_\_\_\_

\_\_\_\_\_

Dec ROM: CF / CE / LHR / RHR / LHF / RHF / LF / LE / RLF / LLF

Tests Ordered: Therm / EMG / ROM / HRV / Foot Scan / Lat cerv / AP cerv / Lat Lumb / AP Lumb

Fee: \_\_\_\_\_





# Finger Lakes Family Chiropractic & Wellness

324 W. North Street, Suite 1  
Geneva, NY 14456

Phone: (315) 789-WELL (9355)  
Fax: (315) 789-9300  
www.fingerlakeschiro.com

## **Informed Consent for Chiropractic Care (Please read and sign below)**

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working for the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment. You have the right, as a patient, to be informed about the condition of your health and the recommended care and treatment to be provided so that you may make the decision whether or not to undergo chiropractic care after being advised of the known benefits, risks and alternatives.

Chiropractic is a science and art which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as that relationship may affect the restoration and preservation of health. Health is a state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

One disturbance to the nervous system is called a vertebral subluxation. This occurs when one or more of the 24 vertebrae in the spinal column become misaligned and/or do not move properly. This causes alteration of nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Subluxations are corrected and/or reduced by an adjustment. An adjustment is the specific application of forces to correct and/or reduce vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine. Adjustments are usually done by hand but may be performed by handheld instruments. In addition, ancillary procedures such as physiotherapy and/or rehabilitative procedures may be included.

If during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my complete satisfaction. The benefits, risks and alternatives of chiropractic care have been explained to me to my satisfaction. I have read and fully understand the above statements and therefore accept chiropractic care on this basis.

**Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **Consent to evaluate and adjust a minor child (complete for children under 18 years old):**

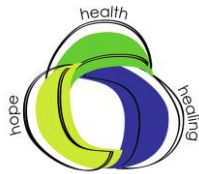
I, \_\_\_\_\_, being the parent or legal guardian of \_\_\_\_\_  
have read and fully understand the above Informed Consent and hereby grant permission for my child to receive chiropractic care.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **Pregnancy Release (For All Females):**

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

**Date of last menstrual cycle:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



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## **Notice of Privacy Practices (HIPAA) (Please read and sign below)**

Your privacy is important to us and we have created a strict policy to protect all aspects of patient confidentiality. By signing this notice, you acknowledge that Finger Lakes Family Chiropractic & Wellness (FLFCW) has a copy of their "Notice of Privacy Practices" available for your review at any time.

(Effective Date: This notice is in effect as of November 1, 2007)

Acknowledgement: *I have been offered to review a copy of the "Notice of Privacy Practices" of FLFCW.*

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent /Guardian /Representative Signature (if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

Please list the names of any person(s) you authorize the release of your health information to:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Witness / FLFCW Team Member: \_\_\_\_\_ Date: \_\_\_\_\_

## **Office Fee Schedule and Financial Policy (Please read and sign below)**

|                                 |               |  |            |
|---------------------------------|---------------|--|------------|
| <i>Consultation:</i>            | Complimentary | <i>Computerized Neurospinal Stress Scans:</i>            | \$40       |
| <i>Chiropractic Adjustment:</i> | \$40          | <i>Comprehensive New Patient Exam:</i>                   | \$80-\$120 |
| <i>Progress Evaluation:</i>     | \$40          | <i>Missed Visit (if office not notified in advance):</i> | \$25       |
| <i>X-Rays (per series):</i>     | \$40          | <i>Retuned Check / EFT:</i>                              | \$15       |

**Paying for Care:** FLFCW is committed to providing the highest quality family wellness care to help you get well and stay well naturally. The care in our office is an excellent investment in your present and future well-being and is surprisingly affordable. We believe that cost / finances should never be an obstacle to obtaining the care you need and deserve. If, after your consultation and evaluation, you elect to benefit from the care we recommend, you will be able to choose from a variety of affordable payment options to help eliminate any financial barriers. Discounted plans and family plans are available. We are ready, willing, and able to assist you!

**Insurance:** The purpose of most insurance policies is to support you through acute / crisis care, but not through wellness development care. Many of our practice members do receive coverage for a portion of their care and it will be our pleasure to verify your chiropractic benefits for you before any care is rendered. Your insurance coverage will be based on your out-of-network benefits, which in many cases are equal to or even less than your in-network co-pay. This office cannot make any guarantees about insurance reimbursement, as ultimately your contract is between you and your insurance carrier. Flexible Spending Plans and Health Savings Accounts can also be used.

**X-Rays:** Federal law requires that our office maintains possession of any x-rays obtained in this office. Your x-rays will be on file and can be seen at any time while you are an active member of this practice. You may also sign out your films to another provider for up to thirty (30) days.

**Medicare:** Our office is a non-participating Medicare provider. Medicare patients are required to pay cash as services are rendered and we will submit your claims as a courtesy to you. Medicare patients must present their Medicare card at the onset of care. The only service Medicare covers is Acute Care.

*"By signing below, I acknowledge that I am financially responsible for any services rendered in this office to me or my dependents and I agree to submit payment at the time of service unless other signed financial arrangements are made."*

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please select form of Payment for today's visit: CASH / CHECK / VISA / MASTERCARD / FSA / HSA**